

FINAL 21 KM

Place	Number	Family name	First name	Gender	G place	City	Nationality	Team	Category	Place cat	Speed	Time/km	1st lap	2nd lap	3rd lap	4th lap	Time	Penalty
1	919	ROSAK	MARCIN	M	1	ZIELONA GÓRA	POLSKA	TRENUJENORDICWALKING. KS PL	M 40	1	9,88	00:06:04	00:35:40.02	00:30:52.28	00:30:38.28	00:30:23.29	02:07:33.87	
2	954	WOJCIECHOWSKA	ELŻBIETA	K	1	PAKOŚĆ	POLSKA	POLIPACK TEAM GWE	K 1	1	9,76	00:06:08	00:35:49.15	00:31:04.32	00:31:01.34	00:31:13.37	02:09:08.18	
3	951	WETOSZKA	PIOTR	M	2	BIAŁA PODLASKA	POLSKA	TKKF KRZNA BIAŁA PODLASKA	M 1	1	9,58	00:06:15	00:37:07.36	00:31:25.52	00:31:20.21	00:31:39.72	02:11:32.81	
4	917	ROMANOWSKI	DANIEL	M	3	RYBNIK	POLSKA	LUKI TEAM POLSKA	M 1	2	9,45	00:06:21	00:37:04.32	00:31:27.15	00:31:42.64	00:33:10.79	02:13:24.90	
5	903	POŁUBIAK	PAWEŁ	M	4	SIECINO	POLSKA		M 1	3	9,2	00:06:31	00:38:55.16	00:33:01.49	00:32:19.82	00:32:44.70	02:17:01.17	
6	829	DELAFENESTRE	DAVID	M	5	MIMET	FRANCJA	TEAM FRANCE	M 1	4	9,17	00:06:32	00:38:32.67	00:32:19.91	00:31:52.80	00:34:35.17	02:17:20.55	YELLOW (+2 min)
7	939	ŚWIDEREK	MARCIN	M	6	SKIERNIEWICE	POLSKA	NW CZŁAPSKI TEAM	M 40	2	9,02	00:06:39	00:39:37.33	00:33:10.67	00:33:12.70	00:33:40.89	02:19:41.59	
8	907	PRZYSTARZ	GRZEGORZ	M	7	OBORNIKI ŚLĄSKIE	POLSKA	OBORYGENI OBORNIKI ŚLĄSKIE	M 50	1	8,98	00:06:41	00:39:35.42	00:33:25.64	00:33:39.03	00:33:42.50	02:20:22.59	
9	828	DEGUELLE	DAVID	M	8	GRESY SUR AIX	FRANCJA	TEAM FRANCE	M 50	2	8,92	00:06:43	00:38:52.71	00:33:30.45	00:34:09.66	00:34:46.13	02:21:18.95	
10	835	FRĄCKOWIAK	KRZYSZTOF	M	9	MAZOWIECKIE, SIEDLCE	POLSKA	ŚWIADOMI SIEDLCE	M 50	3	8,87	00:06:45	00:40:57.90	00:33:23.38	00:33:27.72	00:34:13.78	02:22:02.78	
11	815	CELIŃSKI	TOMASZ	M	10	OTWOCK	POLSKA	TUPTUŚ OTWOCK	M 50	4	8,79	00:06:49	00:40:52.56	00:34:08.46	00:34:04.94	00:34:19.92	02:23:25.88	
12	910	RACIBORSKA	EWA	K	2	WARSZAWA	POLSKA	ESJA TEAM	K 40	1	8,75	00:06:51	00:40:42.67	00:34:17.79	00:34:43.66	00:34:14.01	02:23:58.13	
13	931	SOKOŁOWSKI	MAREK	M	11	RYMANÓW-ZDRÓJ	POLSKA	PTG "SOKÓŁ" RYMANÓW	M 50	5	8,74	00:06:51	00:41:03.38	00:34:06.60	00:34:37.41	00:34:21.93	02:24:09.32	
14	958	YANNICK	BONIN	M	12	PERPIGNAN	FRANCJA	TEAM FRANCE	M 40	3	8,72	00:06:52	00:39:41.90	00:33:55.99	00:35:04.65	00:35:45.23	02:24:27.77	
15	901	PODOLAK	MARIUS	M	13	SCHWERTE	NIEMCY		M 40	4	8,72	00:06:52	00:41:08.12	00:34:18.81	00:34:32.78	00:34:28.64	02:24:28.35	
16	836	FRĄCKOWIAK	ROMAN	M	14	WIELEŃ	POLSKA	EKSPEDYCJA NORDIC TEAM SZCZECIN	M 50	6	8,72	00:06:52	00:41:54.25	00:34:24.72	00:34:02.34	00:34:11.35	02:24:32.66	
17	826	DANIELSKI	WALDEMAR	M	15	SOKOŁÓW PODLASKI	POLSKA		M 50	7	8,7	00:06:53	00:40:02.10	00:34:05.90	00:34:47.04	00:35:56.89	02:24:51.93	
18	877	LIPIŃSKI	KAROL	M	16	SZCZECIN	POLSKA	KS POGODNI NORDIKOWCY SZCZECIN	M 40	5	8,63	00:06:57	00:42:09.95	00:34:13.32	00:34:21.16	00:35:14.64	02:25:59.07	
19	858	KOŁODZIEJ	JOANNA	K	3	RUDA ŚLĄSKA	POLSKA		K 50	1	8,63	00:06:57	00:41:48.61	00:35:03.04	00:34:50.38	00:34:17.63	02:25:59.66	
20	925	SÉBASTIEN	COURROY	M	17	20 RUE DE LA FORGE 56400 PLUMERGAT	FRANCJA	TEAM FRANCE	M 50	8	8,59	00:06:59	00:40:19.71	00:34:46.97	00:35:30.44	00:36:02.26	02:26:39.38	
21	817	CHRISTIANE	SALVI	K	4	GRAND COMBE CHATELEU	FRANCJA	TEAM FRANCE	K 50	2	8,58	00:06:59	00:41:10.36	00:34:24.93	00:36:12.75	00:35:01.01	02:26:49.05	
22	959	ZYCH	WITOLD	M	18	KROSNO	POLSKA		M 50	9	8,54	00:07:01	00:41:53.58	00:35:01.00	00:36:09.00	00:34:25.00	02:27:28.58	
23	818	CHRISTIAN	COUDERT	M	19	PLUNERET (56400)	FRANCJA	TEAM FRANCE	M 60	1	8,53	00:07:02	00:40:48.80	00:35:08.62	00:35:32.86	00:36:17.00	02:27:47.28	
24	802	AGUADO	JEAN FRANCOIS	M	20	CASTRIES	FRANCJA	TEAM FRANCE	M 50	10	8,52	00:07:02	00:40:55.53	00:34:05.43	00:35:03.28	00:37:52.01	02:27:56.25	
25	857	KLIMCZAK	ADAM	M	21	WARSZAWA	POLSKA	GOSADI NORDIC TEAM	M 50	11	8,48	00:07:04	00:42:15.04	00:35:18.98	00:35:14.19	00:35:51.57	02:28:39.78	
26	851	JEAN-PATRICK	FOND	M	22	COMMUNAY	FRANCJA	TEAM FRANCE	M 50	12	8,46	00:07:05	00:41:13.86	00:34:54.48	00:35:52.21	00:36:54.36	02:28:54.91	
27	885	NACZK	WIKTORIA	K	5	LĘBORK	POLSKA	POLIPACK TEAM GWE	K 1	2	8,44	00:07:06	00:41:06.29	00:34:49.13	00:35:56.37	00:37:22.46	02:29:14.25	
28	881	MAKOWSKI	JAN	M	23	RYBNIK	POLSKA	RYBNICKI KLUB NORDIC WALKING	M 60	2	8,43	00:07:07	00:40:58.38	00:35:09.92	00:36:05.88	00:37:19.30	02:29:33.48	
29	913	RAJEK	MAGDALENA	K	6	CZĘSTOCHOWA	POLSKA	NORDIC TEAM CZĘSTOCHOWA	K 40	2	8,42	00:07:07	00:43:11.74	00:35:43.84	00:35:20.13	00:35:18.61	02:29:34.32	GREEN CARD
30	942	TALBOTIER	SANDRINE	K	7	CASTRIES	FRANCJA	TEAM FRANCE	K 40	3	8,4	00:07:08	00:42:46.28	00:35:49.55	00:35:39.76	00:35:46.93	02:30:02.52	
31	926	SITTEK	AGNIESZKA	K	8	KATOWICE	POLSKA		K 40	4	8,38	00:07:09	00:42:40.18	00:35:59.97	00:35:46.38	00:35:52.18	02:30:18.71	
32	922	RZEPKA	MAŁGORZATA	K	9	GLIWICE	POLSKA		K 50	3	8,38	00:07:09	00:43:02.11	00:35:19.85	00:35:22.62	00:36:39.45	02:30:24.03	
33	821	CLÉMENT	FLORIE	K	10	REILLANNE	FRANCJA	TEAM FRANCE	K 1	3	8,34	00:07:11	00:42:10.74	00:35:56.53	00:36:36.10	00:36:18.13	02:31:01.50	
34	848	HRYCIUK	WALDEMAR	M	24	BIAŁA PODLASKA	POLSKA	TKKF KRZNA BIAŁA PODLASKA	M 60	3	8,34	00:07:11	00:42:10.52	00:35:49.11	00:36:12.37	00:36:50.04	02:31:02.04	
35	932	SPYCHAŁA	MARZENA	K	11	GOŚCICINO	POLSKA	POLIPACK TEAM GWE	K 50	4	8,28	00:07:14	00:42:46.85	00:35:56.87	00:36:37.47	00:36:45.28	02:32:06.47	
36	844	GRABOWSKA- UFNOWSKA	JUSTYNA	K	12	CZERSK	POLSKA	AKTYWNI BOROWIACY CZERSK	K 1	4	8,28	00:07:14	00:42:47.21	00:37:00.46	00:35:54.88	00:36:30.67	02:32:13.22	
37	849	JAKSINA	DARIUSZ	M	25	RUCIANE NIDA	POLSKA		M 50	13	8,28	00:07:15	00:43:18.83	00:36:20.63	00:36:46.18	00:35:50.03	02:32:15.67	
38	891	OLEJKO	RADOSŁAW	M	26	ŻUKOWO	POLSKA	POLIPACK TEAM GWE	M 50	14	8,27	00:07:15	00:41:17.02	00:35:19.19	00:37:05.77	00:38:35.18	02:32:17.16	
39	842	GOŁĘBIEWSKI	KRZYSZTOF	M	27	ŁÓDŹ	POLSKA	ZAWSZE MŁODZI NORDIC WALKING	M 50	15	8,25	00:07:16	00:43:38.61	00:36:18.52	00:36:49.35	00:36:02.51	02:32:48.99	

FINAL 21 KM

40	880	LUMPEOVÁ	LENKA	K	13	AŚ	POLSKA		K 50	5	8,24	00:07:16	00:42:06.60	00:36:49.55	00:36:52.46	00:37:03.84	02:32:52.45
41	890	OKRZESIK - FRĄCKOWIAK	IZABELA	K	14	WIELEŃ	POLSKA	EKSPEDYCJA NORDIC TEAM SZCZECIN	K 50	6	8,21	00:07:18	00:43:26.19	00:36:39.36	00:36:34.30	00:36:46.98	02:33:26.83
42	845	GRZYWA	BOGDAN	M	28	CZYŻOWICE	POLSKA		M 50	16	8,18	00:07:19	00:42:21.65	00:36:35.65	00:36:55.06	00:38:05.96	02:33:58.32
43	809	BLĄDEK	RAFAŁ	M	29	NOWA WIEŚ MALBORSKA	POLSKA	NORDIC WALKING MALBORK	M 40	6	8,15	00:07:21	00:43:02.63	00:36:02.32	00:36:50.01	00:38:37.60	02:34:32.56
44	962	PRZYBYLSKI	CHRYSYTIAN	M	30	WEJHEROWO	POLSKA	POLIPACK TEAM GWE	M 60	4	8,11	00:07:23	00:43:34.81	00:37:17.08	00:37:30.37	00:36:54.98	02:35:17.24
45	961	KUCHARSKI	MACIEJ	M	31	WARSZAWA	POLSKA		M 1	5	8,05	00:07:27	00:43:49.15	00:36:44.03	00:37:29.35	00:38:24.63	02:36:27.16
46	884	NACZK	LEONARD	M	32	LĘBORK	POLSKA	POLIPACK TEAM GWE	M 40	7	8,04	00:07:28	00:44:13.87	00:37:48.21	00:37:12.77	00:37:33.57	02:36:48.42
47	814	BUL	DARIUSZ	M	33	PRUDNIK	POLSKA		M 40	8	7,99	00:07:30	00:43:30.94	00:36:07.60	00:38:03.25	00:39:54.70	02:37:36.49
48	915	RESEMAN	SYLWIA	K	15	ŻUKOWO	POLSKA	POLIPACK TEAM GWE	K 50	7	7,98	00:07:31	00:44:06.01	00:37:19.53	00:38:04.54	00:38:26.63	02:37:56.71
49	878	LISE	TAILLEBOIS	K	16	PERPIGNAN	FRANCJA		K 60	1	7,97	00:07:31	00:44:18.64	00:37:19.22	00:37:47.05	00:38:35.49	02:38:00.40
50	864	KORDULIAK	DUSAN	M	34	PREROV	POLSKA	NORDIC WALKING PŘEROV	M 50	17	7,97	00:07:31	00:43:51.80	00:37:09.52	00:38:12.44	00:38:50.09	02:38:03.85
51	956	WÓJCIK	BARBARA	K	17	KRZCZONÓW	POLSKA	LUKI TEAM POLSKA	K 60	2	7,96	00:07:32	00:43:44.15	00:37:40.13	00:38:16.33	00:38:37.36	02:38:17.97
52	847	HANITRA	MADAULE	K	18	LA ROCLETTE	FRANCJA	TEAM FRANCE	K 40	5	7,94	00:07:33	00:44:12.37	00:37:09.72	00:38:18.67	00:39:02.15	02:38:42.91
53	889	NIETUPSKI	DARIUSZ	M	35	GDYNIA	POLSKA	WŁÓCZYKIJE GDYNIA	M 50	18	7,93	00:07:34	00:44:34.06	00:37:01.28	00:38:01.85	00:39:17.71	02:38:54.90
54	927	SIWEK	EWA	K	19	OTWOCK	POLSKA	TUPTUŚ OTWOCK	K 50	8	7,93	00:07:34	00:45:20.25	00:38:13.52	00:37:45.29	00:37:39.86	02:38:58.92
55	936	SZCZYGIEL	ADRIANA	K	20	BIELSKO-BIAŁA	POLSKA		K 40	6	7,91	00:07:35	00:44:57.51	00:38:23.00	00:38:31.13	00:37:28.85	02:39:20.49
56	801	ABEL	KAROL	M	36	KALISZ	POLSKA	KALISIA NORDIC TEAM	M 50	19	7,9	00:07:35	00:44:03.28	00:37:56.03	00:38:10.95	00:39:16.76	02:39:27.02
57	866	KOWACZ	AGATA	K	21	WAŁBRZYCH	POLSKA	SPEEDBAR	K 40	7	7,9	00:07:35	00:43:51.41	00:37:54.84	00:38:51.86	00:38:57.19	02:39:35.30
58	876	LENZ	ANDRZEJ	M	37	GNIEZNO	POLSKA		M 50	20	7,89	00:07:36	00:44:32.48	00:38:00.35	00:38:43.14	00:38:21.56	02:39:37.53
59	874	LASOTA	KAROLINA	K	22	JUSTYNÓW	POLSKA		K 1	5	7,89	00:07:36	00:43:33.79	00:37:54.26	00:38:53.61	00:39:16.49	02:39:38.15
60	850	JANKOWSKI	MARCIN	M	38	ELBLĄG	POLSKA	NORDIC WALKING PASŁĘK	M 40	9	7,86	00:07:37	00:43:40.01	00:37:39.48	00:38:48.79	00:40:06.02	02:40:14.30
61	869	KULA	KRYSTIAN	M	39	JELCZ LASKOWICE	POLSKA	KB HARCOWNIK JELCZ- LASKOWICE	M 40	10	7,86	00:07:38	00:45:13.68	00:37:53.35	00:38:43.81	00:38:30.11	02:40:20.95
62	856	KĘPA	KRZYSZTOF	M	40	KATOWICE	POLSKA	ADS MASNA	M 50	21	7,84	00:07:39	00:44:33.23	00:37:12.86	00:38:21.71	00:40:39.66	02:40:47.46
63	827	DANKIEWICZ	BARBARA	K	23	ŁOWICZ	POLSKA	ZAWSZE MŁODZI NORDIC WALKING	K 50	9	7,81	00:07:41	00:44:44.23	00:37:23.43	00:38:37.38	00:40:36.68	02:41:21.72
64	830	DIEZ	JOHANNES	M	41	ECKENTAL	NIEMCY		M 50	22	7,81	00:07:41	00:43:42.07	00:37:22.77	00:38:10.86	00:42:07.72	02:41:23.42
65	811	BORKOWSKI	LESZEK	M	42	GRABIANÓW	POLSKA	NOWI SIEDLCE	M 50	23	7,79	00:07:42	00:45:38.34	00:38:33.62	00:38:45.41	00:38:50.68	02:41:48.05
66	933	STAŃCZAK	EDWARD	M	43	MALBORK	POLSKA		M 50	24	7,76	00:07:43	00:44:39.59	00:38:43.70	00:39:14.72	00:39:42.24	02:42:20.25
67	887	NIEŚCIÓR	JAN	M	44	STĘKINY / OLSZTYN	POLSKA	JONKOWO SPORT	M 50	25	7,75	00:07:44	00:44:37.04	00:38:16.46	00:39:17.56	00:40:21.30	02:42:32.36
68	838	GAJDA	TOMASZ	M	45	PIOTRKÓW TRYBUNALSKI	POLSKA	POKIJKOWANI NORDIC WALKING PIOTRKÓW TRYBUNALSKI	M 40	11	7,74	00:07:44	00:44:43.74	00:37:44.94	00:39:23.17	00:40:52.86	02:42:44.71
69	810	BOJANOWSKI	MARCIN	M	46	OBORNIKI	POLSKA	NORDIC WALKING KIEKRZ POLAND	M 40	12	7,74	00:07:45	00:44:02.29	00:37:49.40	00:39:09.16	00:41:50.63	02:42:51.48
70	863	KOPROWSKI	RYSZARD	M	47	TOMASZÓW LUBELSKI	POLSKA		M 60	5	7,73	00:07:45	00:45:32.53	00:38:30.61	00:38:58.79	00:39:52.68	02:42:54.61
71	921	ROUX	PIERRE- OLIVIER	M	48	MARSEILLE	FRANCJA	TEAM FRANCE	M 60	6	7,73	00:07:45	00:45:29.71	00:38:28.47	00:39:03.99	00:39:54.25	02:42:56.42
72	904	POSTEK	DANUTA	K	24	POZNAŃ	POLSKA	MARSZ PO ZDROWIE	K 50	10	7,72	00:07:46	00:45:25.72	00:38:23.95	00:39:05.59	00:40:20.51	02:43:15.77
73	806	BARTOSIEWICZ	WŁODZIMIER Z	M	49	GDAŃSK	POLSKA	FACE NORDIC WALKING TEAM	M 60	7	7,71	00:07:46	00:45:53.67	00:38:20.55	00:38:57.41	00:40:10.47	02:43:22.10
74	870	KUŁAKOWSKA	HALINA	K	25	OLKUSZ	POLSKA	KATOWICKI NORDIC WALKING	K 40	8	7,71	00:07:46	00:44:30.19	00:38:32.52	00:39:26.62	00:40:57.33	02:43:26.66
75	957	WYSOCKA	MAGDALENA	K	26	SKÓRZEC	POLSKA	NOWI SIEDLCE	K 40	9	7,7	00:07:47	00:45:01.98	00:38:55.42	00:39:51.73	00:39:49.97	02:43:39.10
76	832	DZIUBCZYK	PAULINA	K	27	PABIANICE	POLSKA		K 40	10	7,65	00:07:50	00:47:07.69	00:38:23.89	00:39:28.81	00:39:39.52	02:44:39.91
77	808	BLANCHARD	MICHAEL	M	50	CASTLE ROCK	ZJEDNOCZO NE		M 60	8	7,64	00:07:51	00:45:47.80	00:38:59.21	00:39:41.68	00:40:26.06	02:44:54.75
78	819	CÍCHOVÁ	JANA	K	28	ZLIN	POLSKA	SG.3 ZLÍN CZ	K 50	11	7,63	00:07:51	00:45:03.19	00:39:26.56	00:40:51.12	00:39:41.56	02:45:02.43
79	940	ŚWIERGUŁA	MARIUSZ MICHAŁ	M	51	ŁÓDŹ	POLSKA	ZAWSZE MŁODZI NORDIC WALKING	M 40	13	7,62	00:07:52	00:46:52.17	00:39:55.43	00:39:57.53	00:38:35.15	02:45:20.28

GREEN
CARDYELLOW (+ 2
min)

FINAL 21 KM

80	943	TOBOLIĆ	JAN	M	52	PŘEROV	POLSKA	NORDIC WALKING PŘEROV	M 40	14	7,62	00:07:52	00:45:27.77	00:38:38.28	00:40:16.40	00:41:02.77	02:45:25.22	
81	950	WENDT	JAROSŁAW	M	53	SASINO	POLSKA	POLIPACK TEAM GWE	M 50	26	7,54	00:07:57	00:45:57.69	00:39:47.67	00:41:01.25	00:40:15.37	02:47:01.98	
82	938	ŚCIBUT	ANNA	K	29	PABIANICE	POLSKA		K 40	11	7,54	00:07:57	00:45:04.76	00:38:38.82	00:39:38.50	00:43:46.72	02:47:08.80	
83	895	PADOWICZ	ANNA	K	30	WARSZAWA	POLSKA	PASJA NORDIC WALKING	K 40	12	7,52	00:07:58	00:46:55.12	00:39:51.44	00:40:18.48	00:40:26.78	02:47:31.82	
84	883	MARCHEWKA	ANDRZEJ	M	54	PRECZÓW	POLSKA		M 60	9	7,49	00:08:00	00:45:54.10	00:39:37.20	00:41:13.80	00:41:35.50	02:48:20.60	
85	902	POLEWCZAK	ANETA	K	31	ZAWIERCIE	POLSKA	CLLEO ZAWIERCIE	K 50	12	7,46	00:08:02	00:47:05.43	00:40:02.85	00:40:05.35	00:41:42.88	02:48:56.51	
86	834	FELIS	PAWEŁ	M	55	BOBOWIEC	POLSKA		M 50	27	7,45	00:08:03	00:46:23.24	00:39:14.99	00:40:46.69	00:42:39.38	02:49:04.30	
87	949	WALOT	JOANNA	K	32	ŁÓDŹ	POLSKA	NA SKRZYDŁACH WIATRU	K 1	6	7,45	00:08:03	00:46:26.36	00:40:28.23	00:40:54.98	00:41:18.39	02:49:07.96	
88	908	PRZYTUŁA	KATARZYNA	K	33	ALEKSANDRÓW ŁÓDZKI	POLSKA	ZAWSZE MŁODZI NORDIC WALKING	K 40	13	7,44	00:08:04	00:47:51.76	00:40:16.39	00:40:23.54	00:40:52.56	02:49:24.25	
89	900	PLEWIŃSKI	RAFAŁ	M	56	GDYNIA	POLSKA	NORDIC TEAM CZĘSTOCHOWA	M 1	6	7,42	00:08:05	00:45:27.53	00:40:32.90	00:41:41.60	00:42:06.05	02:49:48.08	YELLOW (+ 2 min)
90	928	SKIBIŃSKA	MARZENA	K	34	GDAŃSK	POLSKA	ZNORDIC OSOWA	K 50	13	7,42	00:08:05	00:46:49.96	00:40:13.22	00:41:14.02	00:41:36.91	02:49:54.11	
91	920	ROSOŁEK	ELŻBIETA	K	35	ZIELONA GÓRA	POLSKA	GREEN TEAM ZIELONA GÓRA	K 50	14	7,41	00:08:05	00:45:27.86	00:39:12.02	00:41:33.61	00:43:49.84	02:50:03.33	
92	813	BUCZKOWSKA	WIESŁAWA	K	36	GDYNIA	POLSKA	WŁÓCZYKIJE GDYNIA	K 60	3	7,41	00:08:06	00:47:23.45	00:40:08.77	00:41:00.92	00:41:33.83	02:50:06.97	
93	803	ANYŻ	MARIA	K	37	BĘDZIN	POLSKA	KIJE W DOBRYCH RĘKACH	K 60	4	7,38	00:08:07	00:46:46.85	00:40:19.86	00:41:32.54	00:42:03.66	02:50:42.91	
94	841	GIORDANO	ANTONINO	M	57	VIAREGGIO	WŁOCHY	NORDIC WALKING VIAREGGIO	M 60	10	7,35	00:08:09	00:48:00.67	00:41:43.42	00:41:25.34	00:40:11.23	02:51:20.66	
95	865	KOSIEDOWSKI	WOJTEK	M	58	POZNAŃ	POLSKA	MARSZ PO ZDROWIE	M 40	15	7,34	00:08:10	00:48:44.67	00:41:00.94	00:40:57.51	00:41:03.78	02:51:46.90	
96	897	PALUCH	PAWEŁ	M	59	WARSZAWA	POLSKA	AVOCADO WELLNESS CLUB	M 50	28	7,33	00:08:11	00:46:54.66	00:40:01.22	00:41:42.41	00:43:16.20	02:51:54.49	
97	888	NIEŚCIÓR	MIECZYŚŁAWA	K	38	STĘKINY / OLSZTYN	POLSKA	JONKOWO SPORT	K 50	15	7,31	00:08:12	00:49:09.71	00:40:44.83	00:40:58.79	00:41:34.42	02:52:27.75	
98	871	KUREK	KRZYSZTOF	M	60	PIASKI	POLSKA	ORLEN TEAM	M 40	16	7,23	00:08:18	00:47:23.46	00:40:57.71	00:42:08.19	00:43:54.22	02:54:23.58	
99	886	NIEDŹWIECKA	MAŁGORZATA	K	39	CZĘSTOCHOWA	POLSKA	NORDIC TEAM CZĘSTOCHOWA	K 60	5	7,19	00:08:20	00:47:51.04	00:41:25.78	00:42:38.90	00:43:14.38	02:55:10.10	
100	924	SARNOWSKA	WANDA	K	40	ZIELONA GÓRA	POLSKA	GREEN TEAM ZIELONA GÓRA	K 50	16	7,18	00:08:21	00:48:32.37	00:41:46.85	00:42:11.65	00:43:05.32	02:55:36.19	
101	812	TRUCHAN-BAJER	BOŻENA	K	41	FROMBORK	POLSKA		K 60	6	7,17	00:08:22	00:48:42.40	00:42:38.56	00:43:04.34	00:41:20.42	02:55:45.72	
102	807	BERSZTOLC	AGNIESZKA	K	42	SUTNO	POLSKA		K 50	17	7,12	00:08:25	00:48:02.11	00:41:27.03	00:43:35.63	00:43:52.48	02:56:57.25	
103	923	RZEPKA	TOMASZ	M	61	GLIWICE	POLSKA		M 50	29	7,12	00:08:25	00:49:12.78	00:41:26.63	00:42:35.73	00:43:45.04	02:57:00.18	
104	804	BAJER	PIOTR	M	62	FROMBORK	POLSKA		M 60	11	7,07	00:08:28	00:51:16.83	00:42:47.11	00:43:38.50	00:40:25.53	02:58:07.97	
105	820	PATORKOVA	SABINA	K	43	OLOMOUC	POLSKA	NORDIC WALKING OLOMOUC	K 40	14	7,06	00:08:29	00:48:20.05	00:41:10.30	00:41:53.28	00:47:05.70	02:58:29.33	
106	824	CZYCZ	EMILIA	K	44	ZIELONA GÓRA	POLSKA		K 60	7	7,06	00:08:30	00:47:46.89	00:41:35.76	00:43:58.95	00:45:14.06	02:58:35.66	
107	805	BARCZYK	JOLANTA	K	45	CZĘSTOCHOWA	POLSKA	NORDIC TEAM CZĘSTOCHOWA	K 60	8	7,01	00:08:33	00:49:18.12	00:42:23.44	00:43:46.19	00:44:24.23	02:59:51.98	
108	960	HARNETS	HANNA	K	46	KYIV	UKRAINA	SCANDIPOINT_LET'GO	K 1	7	6,98	00:08:35	00:50:16.34	00:42:44.77	00:43:06.47	00:44:27.48	03:00:35.06	
109	934	STAWNA	MONIKA	K	47	ZIELONA GÓRA	POLSKA	GREEN TEAM ZIELONA GÓRA	K 50	18	6,94	00:08:39	00:49:06.18	00:42:10.77	00:45:39.75	00:44:45.23	03:01:41.93	
110	867	KOZŁOWSKI	TOMASZ	M	63	SŁUPSK	POLSKA		M 50	30	6,93	00:08:39	00:49:01.34	00:42:37.87	00:43:00.44	00:47:06.60	03:01:46.25	YELLOW (+ 2 min)
111	914	REKOWSKA-KULWIKOWSKA	SYLWIA	K	48	ŁĘBORK	POLSKA		K 1	8	6,92	00:08:40	00:49:21.39	00:42:21.56	00:43:57.95	00:46:30.57	03:02:11.47	YELLOW (+ 2 min)
112	875	LEJKOWSKI	JACEK	M	64	KATOWICE	POLSKA		M 50	31	6,87	00:08:43	00:50:25.23	00:43:25.91	00:44:14.82	00:45:18.01	03:03:23.97	
113	846	HADACZEK	KAROLINA	K	49	SUCHY LAS	POLSKA	NORDIC WALKING KIEKRZ POLAND	K 50	19	6,84	00:08:46	00:51:50.80	00:44:08.21	00:45:07.76	00:43:13.73	03:04:20.50	
114	937	SZOT	MARIA	K	50	WARSZAWA	POLSKA		K 50	20	6,83	00:08:47	00:51:21.96	00:43:16.47	00:45:05.64	00:44:51.42	03:04:35.49	
115	831	DRYGALSKA	ALEKSANDR A	K	51	BĘDZIN	POLSKA		K 60	9	6,79	00:08:50	00:50:49.05	00:44:17.53	00:45:46.74	00:44:44.86	03:05:38.18	
116	892	OMARSKA	GRAŻYNA	K	52	WARSZAWA	POLSKA	PASJA NORDIC WALKING	K 60	10	6,72	00:08:56	00:50:58.46	00:44:08.73	00:45:09.76	00:47:19.17	03:07:36.12	
117	882	MAŁGORZATA	WŁODARCZYK	K	53	PRECZÓW	POLSKA		K 50	21	6,66	00:09:00	00:51:07.80	00:44:10.17	00:46:21.11	00:47:36.06	03:09:15.14	
118	945	VASYLIVSKA	LIUDMYLA	K	54	KRIVROY ROG	UKRAINA		K 60	11	6,5	00:09:13	00:53:36.36	00:45:56.03	00:47:09.34	00:47:03.22	03:13:44.95	
119	860	KOMAŃSKA	MARTA	K	55	KONSTANCIN - JEZIORNA	POLSKA		K 50	22	6,46	00:09:16	00:52:31.57	00:45:44.58	00:48:55.16	00:47:45.13	03:14:56.44	

FINAL 21 KM

120	2	PARDON	MONIKA	K	56	MYSŁOWICE	POLSKA		K 40	15	6,28	00:09:33	00:54:21.67	00:47:31.60	00:48:40.43	00:50:03.18	03:20:36.88
121	911	RACZYNSKA	ALEKSANDR A	K	57	CHORZÓW	POLSKA		K 60	12	6,21	00:09:39	00:54:59.89	00:46:39.60	00:49:46.72	00:51:32.68	03:22:58.89
122	947	VOLOSHYENKO	NATALIA	K	58	KRIVOY ROG	UKRAINA		K 40	16	6,15	00:09:45	00:53:32.52	00:47:36.32	00:50:19.52	00:53:32.03	03:25:00.39
123	861	KONIAK	IZABELLA	K	59	ŚREM	POLSKA	MARSZ PO ZDROWIE	K 40	17	6,07	00:09:53	00:56:45.36	00:48:35.52	00:50:44.30	00:51:39.71	03:27:44.89
DNF	853	KACZMAREK	MAJA	K	DNF	WEJHEROWO	POLSKA	IGOSC	K 40	DNF			00:46:36.00				